



20 BALLARD ROAD
LAWRENCE, MA 01843



NERLC Monthly Events

September | 2020 | NERLC Events

Connect with us

We hope that you are liking and enjoying our Monthly Event new look. It's created to be a more accessible document, which summarizes all the NERLC Calls, Facebook Live and Virtual ZOOM activities. We hope this look has been convenient for you to read and share!

<https://www.nilp.org/nerlc/>

https://www.facebook.com/nerlc/?ref=page_internal

September 2020



Northeast Recovery Learning Community

Who We Are

NERLC provides welcoming, safe, understanding, judgement-free spaces where individuals of diverse backgrounds can gather for healing and growth. We are a community of peers in recovery from mental health challenges, addiction and or traumatic life experiences. The NERLC supports individuals on their journeys to obtaining and maintaining wellness in a variety of ways, including: 1:1 peer support, peer support groups, self-directed recovery-oriented trainings, advocacy and through an array of community events and activities. We serve 69 cities and towns throughout the Northeast region.



781-219-0710



The Facebook Live logo, consisting of the word "facebook" in white lowercase letters on a dark blue background, with a red "LIVE" button below it.



We are happy to launch our Virtual Groups and Meet-ups! We will be hosting meetings via a telephone conference line, ZOOM and Facebook Live.

I will be providing you with updates via our Facebook page, under the 'Events' tab. I ask that you join us, like our page, and invite others to do the same.

Our Managers will be hosting various events. Rachely will be on Facebook Live #Mindset Mondays, Diga Ud on Tuesdays and #Wellness Wednesday. All our Managers will be facilitating ZOOM meetings.

The rest of the month we have call in hours as well as groups that you can call into. Keep an eye out on our Facebook page for all these events and for upcoming events.

As always, I thank you for your support and contributions to our thriving community and we look forward to you being involved in our upcoming events.

ZOOM GROUPS

Mondays

General Peer Support with Lisa at 12:00

Virtual Pictionary with Mandy at 1:30

After Hour Discussion with Mike at 5:30

Tuesdays

Peer Support Topics with Mike at 2

Recipes 101 with Matt at 3:00

Wednesdays

Coffee Talk with Mandy at 1

Creative Writing with Mike at 2

Thursdays

After Hour Discussion with Mike at 5:30

Fridays

Jeopardy with Mandy at 1:30

Facebook Live

With Rachely

www.facebook.com/nerlc

#MindsetMonday @4pm

#DigaUd @11am

#WellnessWednesday @4pm

UBERCONFERENCE CALLS 781-219-0710

These calls are available daily:

Peer Support

Daily with Lisa from 3-5pm

Mondays with Matt from 2-3pm

Tuesdays with Dave from 1-2pm

Bridging

Mondays from 10-11am

Wednesdays from 1-2pm

Thursdays from 1-2pm

Older Adult Coffee Time

Hosted by Jed

Mondays, Tuesdays and Thursdays

11am-12pm

Peter Sanborn Support Group

Hosted by Jed

Fridays 11am-12pm

This is for residents of Peter Sanborn Place. An older adult support group to talk on variety of topics.

ZOOM LINKS

For security purposes some of these groups may require a password. You may contact the host for the password to join the group.

Mondays

General Peer Support:

<https://us02web.zoom.us/j/83822893850?pwd=YVhpMU5tVFZ3TUhWUmhlODhtUVJtZz09>

Pictionary: <https://us02web.zoom.us/j/83842676670?pwd=eXZGU0o1dVRtZ0lLaG9VVVk3VVIOUT09>

After Hour Discussion:

<https://us02web.zoom.us/j/81809381738?pwd=OFphSFFpbXgyMmhVOXdoQWVROHQvdz09>

Tuesdays

Peer Support Topics:

<https://us02web.zoom.us/j/108001858?pwd=NmxWRXpyaVNta0FmR1huUVk0c21aZz09>



Highlight of the Month

Starting on Tuesday, September 1 we have a new virtual group. Matt and Rachely will be hosting Recipes 101. Join them as they come together and share some simple recipes that can be done even by those who are just starting to play around in the kitchen. All are Welcome!

Contact:

Rachely at rramos@nilp.org at ext. 201

Matt at maronstein@nilp.org at ext. 170

ZOOM LINKS

For security purposes some of these groups may require a password. You may contact the host for the password to join the group.

Wednesdays

Recipes 101:

<https://us02web.zoom.us/j/81096850616?pwd=K0Z5U0V0c2pYSEJkQUMmSjJkN2dEQT09>

Thursdays

Creative Writing:

<https://us02web.zoom.us/j/83958281097?pwd=aU43bW9IN21DNWNEVVINdWJDYVFDdz09>

Fridays

Jeopardy: <https://us02web.zoom.us/j/82698507143?pwd=bkhjUFpIZ2RvT3RjSzIBMDRUMFIKQT09>

Visit us on our Facebook page and click on the Event tab to view more details on the groups.

www.facebook.com/nerlc

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Jed Cantor: jcantor@nilp.org ext. 112

Bridging: mtalal@nilp.org ext. 112

Lisa Rivard: lrivard@nilp.org ext. 167

For more information on the group you may contact the host.